



# Northeastern Massachusetts Law Enforcement Council

## Regional Response Team SWAT Team

Chief Richard M. Stanley  
Control Officer  
North Andover Police Department

Lt. William K. MacKenzie  
Commanding Officer  
Andover Police Department

Lt. Richard Manning  
Executive Officer  
Waltham Police Department

To: Will Brink  
From: Sgt. James Vaglica, NEMLEC RRT/SWAT Teams  
Subject: Seminar on Feb. 5<sup>th</sup> 2003  
Date: March 20<sup>th</sup> 2003

On Feb. 5<sup>th</sup>, 2003 you held a seminar at our monthly RRT training. Your knowledge of nutrition and supplementation was very impressive. I have attended the RRT training sessions for 8 years and have witnessed many varied seminar subjects, but I have never seen such interest displayed for any of our guest speakers. Our members can be a tough audience, so I was amazed by the volume of questions, during the seminar, and the way you were surrounded during the breaks, and even after the seminar ended. Many members approached afterward impressed with how much knowledge they had picked up during your brief presentation. It was immediately clear to me that our members of the NEMLEC RRT/SWAT Teams benefited from your information.

More departments need to take advantage of the type of concise and easy to understand information you are able to deliver. People in the SWAT and special ops community need any edge they can get, and your knowledge of the needs of the community combined with your ability to deliver useful real world advice, is an asset no SWAT or special ops group should be without.

On behalf of all NEMLEC members I want to officially thank you for your time and effort.

Respectfully,

Sgt. James Vaglica